

1 CHANGE

- Finding our Island of stability in an ever-changing world

2 Introduction

- Definition of change: to make the form, nature, content, future course, etc. of (something) different from what it is or from what it would be if left alone.
- Change is now exploding exponentially

3 Future Shock

- Alvin Toffler's book "Future Shock"

4 The Root of Change

5 Stress Produces Changes

- The pace of life is speeding up.
- We're busier than ever.
- Life is more complicated.
- Families are structured-and function-differently.
- "Traditional" beliefs and values are being challenged.
- Our sense of community is disappearing.
- The world is shrinking.

6 Benefits of Change:

- Personal Growth
- Flexibility
- Improvements
- Life values
- The Snowball effect
- Strength
- Progress
- Opportunities
- New Beginnings
- Routine

7 Island of Stability?

8 Sources of Stability

- “Islands of stability” are those things that do not change in our life. They are sources of security, safe harbors and anchors for the inevitable storms.
- They may be your spouse, family members, church members, pastor.
- Longtime close friends.
- Sound advice given to you long ago.

9 Malachi 3:6

10 Jamies 1:7

11 Hebrews 13:8

12 Faithful One

- Faithful one, so unchanging,
- Ageless one, You're my rock of peace,
- Lord of all I depend on You,
- I call out to You,
- Again and again,
- I call out to You,
- Again and again